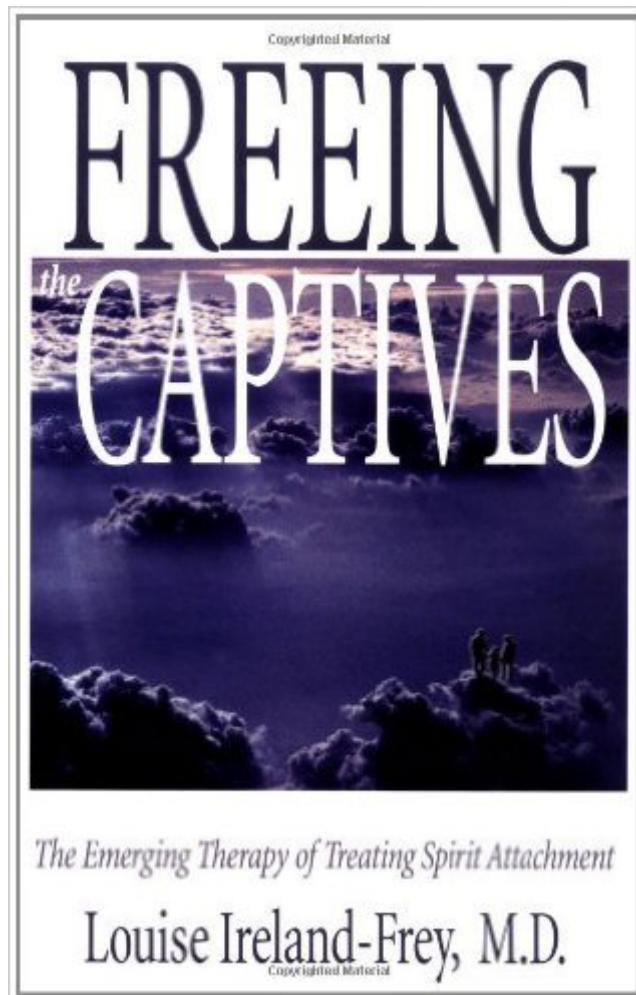


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# Freeing The Captives: The Emerging Therapy Of Treating Spirit Attachment



## Synopsis

Possession by Spirits. Stories of spirit possession come to us from earliest recorded history. Modern science typically has looked on these reports as the product of ignorance and superstition. Modern science may be wrong. It may, in fact, be changing its mind.

## Book Information

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## Customer Reviews

I have thoroughly enjoyed reading this book. The reader who was disappointed and gave this book "1 star" must have missed the point and the purpose of this book. The book is about Spirit Release and it contains an abundance of real-life stories, which make it for an enjoyable and easy reading. The author doesn't state that all problems in anyone's life are related to spirit release, however she does tactfully and routinely check for the possibility of any mental and energetic influences from external sources. It simply makes it easier when assisting the client to deal with issues that actually relate to the client. It is not the purpose of spirit release techniques to place all the blame and responsibility on outer sources. After all, it is the individual's own thoughts and emotions that open the person to any external influences. And even when spirit release does indeed provide speedy relief from some perplexing problems, unless the individual invests some conscious effort in maintaining healthy state of mind, emotions and body, he may very well open himself to more unhealthy influences. The thing that I particularly like about spirit release books as opposed to exorcism books is that the therapist doesn't just remove the unhealthy influence, but makes sure to help it to understand and experience that there is a better way to live

and that it is in its best interests.

Sometimes a spirit, or soul, gets confused when its earthly body dies. It either doesn't see the light that awaits it, or fails to turn to the light. And sometimes these confused spirits attach themselves to new living bodies, interfering with the soul that already inhabits that body. In *Freeing the Captives: The Emerging Therapy of Treating Spirit Attachment*, hypnotherapist Louise Ireland-Frey, M.D. details how and why these "obsessing entities" must be released. A pioneer in "spirit release therapy," Dr. Ireland-Frey practiced medicine until 1979. At age 67, she then began a new career as a hypnotherapist. Since then she has studied with others doing release therapy and helped hundreds of clients. Dr. Ireland-Frey believes there are two parts to release therapy: the living person must first have the obsessing entity freed from it; and then the freed entity must be shown the way to light, so that it finds its proper place and doesn't attach itself to others. Release therapy is also known as "dispossession" by other practitioners. Persons who have attached spirits may experience personality changes, become inexplicably depressed, or find themselves doing things they normally wouldn't do. Dr. Ireland-Frey has included dozens of case studies that illustrate how attached spirits affect people, and how she, and other practitioners, have released them. "The earthbound souls of deceased human beings are by far the most commonly found kind of obsessing or oppressing entity," according to Dr. Ireland-Frey. There are, however, various other kinds of entities, such as past-life personalities, negative thought-forms, elementals, and "dark beings of a demonic nature."

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